



**Select Medical Outpatient Division  
Clinical Education Department**

1217 Ira E. Woods Avenue, Grapevine TX 76051  
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TO: Managers and Clinicians  
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP  
DATE: 3/10/2010  
RE: **EDUCATION PROGRAM ANNOUNCEMENT  
Current Concepts and Practical Clinical Applications**

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Please find below information regarding a clinical education course scheduled for your area:

**COURSE:** **Functional Capacity Evaluation**

**DATES:** April 24-25, 2010

**SCHEDULED INSTRUCTOR:** David Hoyle, MA, BS, PT, OCS, MTC  
Storrs, CT

**LOCATION:** NovaCare  
275 N. York Road  
Elmhurst, IL 60126  
Host Contact: Michael Inoshita

**DIRECTIONS:** Will be in the confirmation letter

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 12 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email [linda.gilles@selectmedicalcorp.com](mailto:linda.gilles@selectmedicalcorp.com)

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

**Functional Capacity Evaluation**

**April 24-25, 2010 – Elmhurst, IL**

**Course Description:**

This course will provide extensive training in the Select Medical Work Strategies standardized Functional Capacity Evaluation. It will provide the theoretical methods of functional testing, provide a standardized step-by-step methodology for Functional Capacity Testing, and explain clinical rationale necessary for interpretation of functional testing data. The FCE education will reinforce an understanding of Worker's Compensation, Short/Long Term Disability, National Contracts and Internal/External Referral Mechanisms. Upon completion of this course the clinician will be capable of performing the Select Medical Work Strategies Standardized FCE. In addition to FCE test methodology and data interpretation, the course will provide participants with FCE documentation training and report writing skills.

**Target Audience:** PT, PTA, OT, COTA      **Instructional Level:** Intermediate

**Prerequisites:**

All clinicians must read the Select Medical FCE Training Manual and pass the Select Medical Work Strategies Self Study Course Test prior to attending the FCE Training. The self study exam is located on page 175 of the Select Medical FCE Training Manual. The FCE Training Manual is located at: [http://smcweb/outpatient/novacare/ws/fce/FCE\\_Select\\_Medical\\_Training\\_Manual.pdf](http://smcweb/outpatient/novacare/ws/fce/FCE_Select_Medical_Training_Manual.pdf). The FCE Training Manual is located under the outpatient division WorkStrategies intranet site <http://smcweb/outpatient/workstrategies.asp>. You will be able to access the FCE Policy and Procedure Training Manual and required to successfully complete the WorkStrategies FCE Certification Examination Questions prior to attending the FCE Training. Completed exams should be faxed to the continuing education department to the attention of Glenda Bell @ **FAX to 817-488-5289** for scoring.

*\*\*Each clinician will be responsible for printing a copy of the FCE Training Manual and FCE forms. Bring the FCE Training Manual and Forms to the FCE Training course.*

**Course Objectives**

The participant will be able to:

1. Administer the Select Medical Work Strategies Standardized Functional Capacity Evaluation.
2. Develop professional skills to provide objective answers to the referral
3. Identify the purpose of FCE testing.
4. Understand how to interpret data and professionally determine an individual's ability.
5. Understand how to apply the FCE to Workers' Compensation and Long Term Disability patients
6. Develop a clear, concise method of report writing.
7. Write an objective report using the Select Medical Work Strategies FCE software.
8. Develop new market referral sources to enhance facility revenue through FCE services.

**Instructor Biography:**

Mr. Hoyle is a 1987 Graduate from the University of Connecticut with a degree in physical therapy. He also received his Master's of Arts in Exercise Sciences from UCONN. Mr. Hoyle has 18 years of experience treating a variety of musculoskeletal dysfunction in a variety of settings. He has been a Board Certified Specialist in Orthopaedic Physical Therapy for more than 10 yrs and obtained his Certification in Manual Therapy from the University of St. Augustine more than 10 yrs ago. Mr. Hoyle uses an eclectic approach to treating the lumbar spine and pelvis in his day to day practice.

## **Instructor Disclosure Statement:**

The instructor has declared that he does not have a financial interest or other relationship with the manufacturers or providers of services that may be discussed in the course.

### **AGENDA - Day 1**

7:30 am	Registration
8:00	Introduction, Course Overview, Objectives
8:30	FCE Theory, Methodology and Equipment
9:00	Referral Procedures, Forms and Medical screening
9:30	Intake Interview, Vital Signs, Medical History, Pain Drawing, Job Occupational History, Cardiovascular Profile and Clinical Observations
10:15	Break
10:30	Musculoskeletal Screening with lab on Dual inclinometry
11:15	Aerobic Capacity Testing with Lab
12:15	Lunch
1:15	Isometric consistency and performance testing
2:15	Material Handling: Theory, methodology and lab
3:15	Break
3:30	Positional Tolerance Testing: Theory, methodology and Lab
4:30	Exit Testing
5:00	Intro to Report Writing
5:30	Adjourn

### **Day 2**

8:00am	Workers Compensation and Disability Evaluation
9:00	FCE Report Generation
10:15	FCE Functional Data Interpretation
11:15	Break
11:30	FCE Quality Assurance and Certification Examination
12:00	Questions
12:15	Adjourn

## **Program Accreditation:**

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 12 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

### **State of Illinois Division of Professional Regulation**



## **ADA Compliance:**

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for employees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.